



Costa Rican Retreat

March 4-10, 2023



INCLUDES:

- 6 NIGHTS ACCOMMODATION ON A SECLUDED ESTATE WITH A PRIVATE POOL, WITHIN WALKING DISTANCE TO PLAYA PELADA

- TRANSFERS TO AND FROM LIBERIA AIRPORT AT SPECIFIC TIMES: (BOOK YOUR FLIGHTS ACCORDINGLY)

- A VARIETY OF CLASSES -AT VARIOUS RESORTS & BREATH-TAKING OUTDOOR YOGA SHALAS, INCLUDING AERIAL, BEACH & SUNSET YOGA

- DAY TRIP ADVENTURE WITH OPTIONAL CHOICE OF ZIP-LINING, SURFING (EQUIPMENT INCLUDED) AND/OR ATV TOUR

- BREAKFAST, SNACKS, FRESH JUICES, SOME MEALS, WINE, TEA & COFFEE AND VARIOUS OTHER TREATS & SURPRISES

- "YOUR JOURNEY...MY JOURNEY" BOOK & JOURNAL

- TIME FOR YOURSELF BUILT INTO THE SCHEDULE TO EXPLORE, JOURNAL AND CREATE MEMORIES UNEXPECTED...

- COVID AMENITIES (SANITIZER & MASKS WHERE NEEDED)

- OPTIONAL DAILY RESTAURANT MEAL SIGN UP AND TRANSPORT SCHEDULED AT LOCAL RESTAURANTS FOR ADDITIONAL LUNCHESES & DINNERS (PAY-AS-YOU-GO)